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## ABSTRACT

The present invention is directed to an optical pick-up adapted to have ability to conduct a control so as to tilt a lens holder (2) to which an object lens (7) is attached so that the optical axis of the object lens is perpendicular to the signal recording surface of an optical disc, which comprises the lens holder to which the object lens is attached and to be moved in a focus direction in parallel to an optical axis of the object lens and in a tracking direction perpendicular to the optical axis direction of the object lens, a supporting block (3) for movably supporting the lens holder in the focus direction and in the tracking direction, a supporting member (4) including a pair of leg pieces (41), (41) for supporting and allowing the supporting block to be tilted by fixing front end sides of these leg pieces onto a base (16), the leg pieces being arranged such that spacing between the leg pieces increases as a distance from a side at which the supporting block is supported increases toward the front end side, and a drive mechanism (5) for applying a drive force to the supporting block so as to tilt the supporting block by changing a shape of the pair of leg pieces, whereby tilting the lens holder which is supported by the supporting block.